4-H Family News Wayne County

.....

GROWS

MAY 2023

ASSU

May 2023 Newsletter Contents

- Wayne County Current Events
- Our Newest 4-H Staff Member
- Statewide Calendar of Events
- Statewide 4-H News
- Fun Family Activity



MICHIGAN STATE

CONTACT US

MSU Extension – Wayne County District Director <u>Diane Wisnewski</u> 4-H Supervisor <u>Laurie Rivetto</u> 4-H Educator <u>Ashleigh Apel</u> 4-H Program Coordinator <u>LaToya Cain-Jones</u> 4-H Program Coordinator <u>Waverly Eubank</u>

4-H Program Instructor

4-H Program Instructor

PHONE & EMAIL:

(313) - 494 - 4797 (Focus Hope) (734) - 721 - 6576 (Western Wayne)

WEBSITE:

https://www.canr.msu.edu/wayne/

MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse w orkforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, w eight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. Issued in furtherance of MSU Extension w ork, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Quentin Tyler, Director, MSU Extension, East Lansing, MI 48824. This information is for educational purposes only. Reference to commercial products or trade names does not imply endorsement by MSU Extension or bias against those not mentioned.

MICHIGAN STATE UNIVERSITY EXtension



DPFLI Explore 4-H Club



Are you a leader seeking more opportunities to make an impact in your community? Are you interested in connecting with like-minded peers? Join MSU Extension in the DPFLI Explore 4-H Club! Hosted at the Detroit Partnership for Food, Learning and Innovation, this eight-week club is open to youth aged 8-13 who want to explore a wide variety of topics, ranging from leadership to money management, all while forming meaningful relationships with their peers. Starting May 17, DPFLI Explore will meet the second and fourth Monday of every month from 5:30-7:30 PM.

If you're interested in learning more while having lots of fun, join Extension on May 1 from 5:30-7:30 PM for an Open House! Hosted at the DPFLI facility, participants will be able to explore the site, learn more information, and enroll in the club for the summer.

For more information, visit https://www.canr.msu.edu/events/explore4hatdpfli

Virtual Cloverbuds

Calling all Cloverbuds! We are excited to share that enrollment is now open for our Spring 4-H Virtual Cloverbuds SPIN Club. This free SPIN Club is designed just for our 4-H Cloverbud youth ages 5-7 (as of January 1, 2022). Each week we will meet on Tuesdays on Zoom to explore a different 4-H project area and complete a hands-on activity. Registered youth will receive an activity kit with materials needed to complete each weekly activity. At the end of the 4-H Virtual Cloverbuds SPIN club we will share what we learned and our projects in a virtual showcase. Registration is now open for youth in Macomb and Wayne counties.

Date and time: Tuesdays, April 11 - May 23 (Next session May 2), 5:30 - 6:15 PM

For more information, visit https://www.canr.msu.edu/events/4-h-virtual-cloverbud-spin-club

Helping with Rainbow Hands: Michigan 4-H Meet & Greet

Join MI 4-H members from the Helping with Rainbow Hands club & 4-H staff from the LGBTQIA+ Advocacy Team to learn more about the work they've been doing around LGBTQIA+ inclusion in MI 4-H. This Rainbow Spartan session is open to youth interested in starting their own Helping with Rainbow Hands 4-H club, adults who are interested in supporting those youth & 4-H staff from across the country who are interested in learning how to implement some of our learnings into their work!

Date and time: May 3, 6:30 - 7:30 PM

For more information and registration, visit <u>https://www.canr.msu.edu/4-h-hwrh/rainbow-spartans</u>



A



WAYNE COUNTY CURRENT EVENTS

Virtual Cloverbuds



Join Michigan & Kentucky 4-H and Japanese partners from Western Michigan University, University of Central Oklahoma, Mayville State University, Western Carolina University, West Liberty University, University of Nebraska, and Delta State University, along with the Japan Outreach Initiative, the Japan/American Society of Kentucky, and the Texas State Museum of Asian Cultures and Educational Center for a virtual online learning opportunity to celebrate Japanese Golden Week Children's' Day!

Date and time: May 5, 6:30 - 7:30 PM

Register at: <u>https://forms.gle/DVJdphtGeriWgWub9</u>

Interview Prep at Redford Public Library

Join MSU Extension 4-H at the Redford Township District Library for a free workshop preparing teens for their next interview! Whether interviewing for a job, scholarship, award or volunteer experience, youth will gain tips and tricks and try out their skills during a mock interview. Door prizes provided.

Date and time: May 13, 1:00 - 2:00 PM

Registration opens: April 29, 10 AM

Location: Redford Township District Public Library, 25320 Six Mile Rd, Redford Charter Twp, MI 48240

For more information and registration, visit https://www.rtdl.org/events/#/events/l89ALZMw5r/instances/aDvtZKk7lo/





MICHIGAN STATE UNIVERSITY Extension



OUR NEWEST 4-H STAFF MEMBER



Please welcome Latoya Jones, Wayne County's newest 4-H Program Coordinator. Latoya will be focused on 4-H programs and volunteer management in Detroit and

the surrounding cities.

Prior to joining Extension, Latoya has worked in the City of Detroit for many years. In her role, Latoya provided training for staff, volunteers, and community partners. She organized family engagement and student activities, provided case management services to students, and provided support in academics, basic needs, behavioral interventions, college and career readiness, physical and mental health, and social and life skills.

She loves crafts and is obsessed with crafting and new projects...she loves making things look new!

Latoya can be reached at <u>cainjone@msu.edu</u> or (313) 494-4716.







STATEWIDE CALENDAR OF EVENTS

Michigan 4-H Overnight Canine Camp



A camp for you and your pup! Join Michigan 4-H June 2-4 at Coldwater 4-H Camp in Weidman for the 4-H Overnight Canine Camp. Sessions will include showmanship, obedience, rally, agility, scent work, grooming and therapydog. Additional activities will be leash making, dog skill-a-thon, dress up dog parade, demonstrations, crafts and s'mores.

Camp is open to youth ages 8-19. Campers ages 8-11 must be accompanied by an adult.

The cost for campers is \$100 for day campers or those who dry camp with their families or stay elsewhere. Overnight campers will pay\$120 and be housed in the dorms. Both campers will receive meals, snacks, materials and t-shirt.

Space is limited. Register by May 18. Learn more at <u>www.canr.msu.edu/events/mic</u> <u>higan-4-h-overnight-canine-</u> <u>camp</u>.

May 1: Explore 4-H Club at Detroit Partnership for Food, Learning and Innovation (DPFLI) DPFLI, Detroit

Take part in an eight-week 4-H club to experience some of the many projects that 4-H has to offer! To enroll in this club, attend the 4-H Open House from 5:30-7:30 p.m. to sign-up, meet leaders, and enjoy games, giveaways, refreshments and more. Fun for the whole family! www.canr.msu.edu/events/explore4hatdpfli

May 6: Hesse-Earl Youth Fishing Program

Lake Lansing, Haslett

Youth ages 5-16 will learn basic fishing skills such as casting, knot tying, rigging for different types of fishing, regulations, and fishing ethics. Additional sessions on May 13 at Hawk Island (Lansing) and May 20 at Motz Park (St. Johns).

www.canr.msu.edu/events/2023-hesse-earl-youth-fishing-program1

May 13: Michigan 4-H Day with the Detroit Tigers

Comerica Park, Detroit

Watch the Detroit Tigers take on the Seattle Mariners. Michigan 4-H will be honored as the group charity of the game and the 4-H community will enjoy discounted tickets to the game. www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers

May 18: Adulting 101 - Cracking the Code to College

Online This workshop will address the college decision process. MSU Admissions will provide advice on getting admitted to the college of your choice and the application process, along with tips on writing your essay.

www.canr.msu.edu/events/adulting-101-5-18

June 3: 4-H Shooting Sports Instructor Training Workshop

Escanaba

Interested in leading shooting sports with a 4-H club? Become a certified instructor at this one-day, hybrid workshop! **Registration closes May 22.**

www.canr.msu.edu/events/4-h-shooting-sports-instructor-training-workshop-1

June 3: Michigan 4-H Livestock Judging Camp

Ionia County Fairgrounds, Ionia

This is a one-day clinic about all things livestock judging. Youth and their coaches will gain experience judging beef, sheep, swine, and meat goats, as well as practice with oral reasons, data assessment, and more! Space is limited; registration closes May 15. www.canr.msu.edu/events/mi-4-h-livestock-judging-camp



MICHIGAN STATE UNIVERSITY EXtension



STATEWIDE 4-H NEWS

Michigan 4-H Foundation opens 2023-24 grant cycle

Awarded annually, the Michigan 4-H Foundation recently opened their grant and award opportunities for the 2023-2024 season. Open to 4-H volunteer leaders, members and staff, the grants and awards support local 4-H clubs and county programs, as well as recognize



members of the 4-H community. All applications are due June 1.

Opportunities include:

• Michigan 4-H Legacy Grants of \$1,000. These grants are awarded to support development of a new program or initiative or to strengthen, enhance or expand a current

* 4-H On-Target Grants of \$500. These grants support 4-H Shooting Sports programs to enhance existing programs, develop a new program or offer a special experience related to 4-H Shooting Sports.

- The Collins 4-H Youth Horticulture Grant of \$500. This grant is available only to 4-H youth clubs and supports advancement of club work in plant science and horticulture activities.
- * 4-H Educational Garden Grants of \$1,000. These grants support the creation of local 4-H educational gardens in Michigan.
 * Michigan Farm Bureau 4-H Excellence in Agriculture Award (includes \$1,000 grant). This award recognizes outstanding 4-H agricultural volunteers that have exhibited excellence in 4-H youth education and leadership development.

Learn more or apply online at http://mi4hfdtn.org/grants. Questions? Contact the Michigan 4-H Foundation at 517-353-6692.

Tips for purchasing and bringing home livestock

Adapted from: www.canr.msu.edu/resources/tips-for-purchasing-and-bringing-home-livestock

Acquiring new stock is exciting whether you are building your herd or flock or purchasing your annual 4-H project. These tips will help manage their health and safety by making sure you know what to ask before purchasing and how to prepare to bring livestock home.

Assessing Animal Health and Treatment Documentation

When purchasing animals, you should know their history. Ask the following questions:

- When was the animal born?
- What specific vaccinations has the animal been given and when were they given?
- If necessary, was the animal properly castrated and what method was used?
- Have any other treatments been administered to the animal? If so, what is the slaughter withdrawal for the drugs given?
- Have any of the animals on the farm been ill or shown symptoms of illness?
 If acquiring a market animal, what is the approximate weight?

Considerations as You Bring Animals Home

Transporting. Secure a trailer. If you do not own a trailer, make arrangements with someone who can transport animals for you. Be prepared to pay someone to provide transportation, as a courtesy.

Unloading. Make sure that your facility is ready to house your new animals before they arrive. Have a pen identified for new animals to go into with fresh water and appropriate feed. (Feed should be similar to their previous diet; changing to a new diet should be done over a period of time.) Have a clear and direct path to the animals' new pen from the trailer. Make sure that all gates are open or closed, as appropriate, and secured.

Settling in. Quarantine, or separate, new animals for a minimum of 21 days. At minimum, try to avoid nose-to-nose contact, and comingling feeding and watering. Minimize stress on new animals during the quarantine period. If after 21 days, the newly acquired animals have not shown any symptoms of illness, it should be safe to comingle them into your existing herd or flock.

Comingling. Since each species has a social hierarchy, observe animals during comingling and separate if there is risk of injury. Over the course of a day, the herd or flock should settle into a routine that includes the new animals.

MICHIGAN STATE | Extension

FUN FAMILY ACTIVITY

SUPPLIES

- Clear plastic container such as a water bottle, pop bottle, juice bottle or mason jar with a top
- Warm water
- Liquid food coloring
- Clear tacky glue (3 ounces)
- Glitter glue (3 ounces)
- Glitter (ultrafine if possible)
- Strong holding glue (such as Super Glue)
- Paper towels (for cleanup as needed)

Source: 4-H Heads In, Hearts In Healthy Living Activities



Calming Jars

- 1. Clean out the container and remove any labels so you can see through the container.
- 2. Fill the container ³/₄ full of warm water.
- Add a few drops of food coloring (add more or less depending on the size of your container). Note: You do not want the water in your jar to be so dark that you cannot see the glitter.
- 4. Add clear tacky glue, glitter glue and glitter. Place the lid tightly back on the jar and shake it up until the tacky glue, glitter glue and glitter dissolve into the water. Note: Try adding a little bit of each ingredient at a time, putting the lid back on tightly and shaking it up to see how it looks. This way you do not put too much of anything in. Use paper towels as needed for cleanup.
- 5. Use the strong holding glue to glue the top onto your calming jar.
- 6. Shake up the jar and enjoy! Note: Wait a few hours for the holding glue to dry before leaving the child unattended with the jar.

Considerations for Parents

Self-regulation means controlling your own thoughts, feelings and behaviors. A calming jar can help children learn how to control their emotions and to self-regulate. Since young children find it hard to selfregulate, it takes lots of practice and support from you. As the adult, you can help by showing them techniques and methods to get their brains back to cool and calm when they experience strong emotions.

Once the calming jar is made, shake it up and encourage the child to watch the glitter slowly settle to the bottom of the jar. When the child is feeling overwhelmed or experiencing a strong emotion, encourage them to shake up the jar and wait for the glitter to settle to the bottom of the jar. This gives them a few moments to calm down and manage their strong feelings. Have them shake up the calming jar as many times as they need until they feel calmer.



FOUNDATION

Apply for a grant up to \$1,000